

OCC Swim Team and Learn to Swim Program

If you have any questions, please call or text Nancy Neal @ 270-315-6044

Swim Team Requirements:

- Swimmer must have some prior swimming experience-examples include swim lessons, ability to float on stomach and back, treading water in a stationary position, kick on back some of the length of the pool, and general understanding of freestyle. Our swim team is designed for swimmers age 5 years of age through Summer after High School Graduation. We do, however, have younger swimmers who show natural ability.

Parental responsibilities:

Parents are encouraged to be actively involved with the swim team through participation of a volunteer position. This enables us to all share our time and areas of expertise to help benefit our swimmers. It takes many people to successfully host a swim meet and we need your help! We will have an informational parent meeting to help further explain our areas of need.

*Swim Meets - The team participates, on average, in 1 swim meet weekly. Meets are not mandatory, but highly encouraged for all. It is very important to notify the coach ASAP if your child will not be participating in a meet.

Learn to Swim Program

June 4th - June 29th

Monday, Thursday, Friday 10:30 - 11:00

- This group is designed for young swimmers who are ready for small group swim instruction and are not afraid of the water.
- This group is used as a transition from swim lessons to swim team, and is non-competitive
- Ages 4-6
- Swimmer can transition from Learn to Swim Program to swim team at any point during the swim season if the coach feels they are ready.

Although this group is non-competitive they are very much considered a part of our team. Participants of Learn to Swim Program are invited to purchase team suit, be in team picture and attend our banquet at the end of the season.